

**A.A. MEETINGS LIST Western Cape: Tel: 021-418 0908 Updated: 20 March 2020**  
 Website: [www.aasouthafrica.org.za](http://www.aasouthafrica.org.za) : Email: [westerncape@aasouthafrica.org.za](mailto:westerncape@aasouthafrica.org.za)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Cape Town 3 (O)</b> The Hope Exchange 14a Roeland St.  Time: 18H00	<b>Cape Town Hope Street</b> non-restrictive (Gay/Lesbian) Congregational Hall, Kloof & Eaton Time: 20H00	<b>Bellville (A) *</b> CLOSED TILL END MARCH	<b>Blue Downs *</b> MOVE .CALL FOR VENUE DETAIL 073 080 8375 083 272 6443	<b>Bergvliet *</b> CLOSED INDEFINITELY	<b>Bishop Lavis (O)</b> Lavis Drive Primary Koppiesdam & Lavis drive Bishop Lavis  Time:15H00	<b>Athlone/ *</b> Klipfontein Mary Harding Centre. Lower Klipfontein Rd., Athlone. Time: 16H00
<b>Cape Town (O)</b> <b>YES (Youth Enjoying Sobriety)</b> Congregational Hall,Kloof & Eaton Time: 20H00	<b>Constantia Sunrise</b> Christ Church, cnr Constantia Main & Parish roads Constantia Time:7H00	<b>Bonteheuvel</b> CLOSED INDEFINITELY	<b>Bredasdorp</b> Diens Sentrum Hopley Street Bredasdorp  Time:19H00	<b>CapeTown (O)</b> <b>Green Market Ex.</b> St. Georges Cathederal , 5 Wale Street Cape Town Time:13:05	<b>Cape Town 3 (O)</b> <b>Steps &amp;Traditions</b> The Hope Exchangen 14a Roeland St.  Time: 11H00	<b>Cape Town (O)</b> <b>Green Door</b> NG Kerk , 17 Upper Union Str Gardens <b>Time: 17H00</b>
<b>Claremont</b> Congregational Church Hall Franklin Road CLAREMONT  Time: 19H30	<b>Grassy Park *</b> <b>Victoria Group</b> Good Shephard Church Hall Cnr. 2 <sup>nd</sup> Avenue & Victoria Road  Time:19H30	<b>Cape Town 3 (C)</b> The Hope Exchange 14a Roeland St. (Back of Blue Building)  Time: 18H00	<b>Cape Town Big Book Study</b> Salvation Army 9 Vrede Street Gardens  Time: 18H00	<b>Cape Town 3 (O)</b> The Hope Exchange 14a Roeland St. (Back of Blue Building)  Time: 18H00	<b>Cape Town (O)</b> <b>Green Door</b> NG Kerk , 17 Upper Union Str Gardens  Time: 07H30	<b>Claremont (O)</b> <b>Sunday Serenity</b> Congregational Church Hall (hall behind the church) 222 MAIN RD Time:19H30
<b>Delft *</b> Rosendale Primary School Room 40 DELFT Time: 19H30	<b>Hermanus</b> United Church Hall Royal Street HERMANUS Time: 19H00	<b>Cape Town (O)</b> <b>Cocktail Tales (Gay Men)</b> Pride Shelter Trust 1 Molteno Road Time: 18H00	<b>Cape Town 1 (O)</b> Presbyterian Church Hall Cr Upper Orange &Annandale Rds Time: 20H00	<b>Constantia Sunrise</b> Christ Church, cnr Constantia Main & Parish roads Time:7H00	<b>Cape Town (O)</b> <b>Saturday Night Alive</b> Congregational Hall Kloof & Eaton Time:19H00	<b>Durbanville *</b> CLOSED INDEFINITELY ONLINE MEETING DETAIL TO FOLLOW
<b>Fish Hoek</b> Parish House in front of the Catholic Church 6 <sup>th</sup> Avenue Time: 19H30	<b>Hout Bay (O)</b> NG Kerk Hall Oxford Street  Time: 19H15	<b>Constantia Sunrise</b> Christ Church, cnr Constantia Main & Parish roads Time:7H00	<b>Claremont</b> Congregational Church Hall Franklin Road  Time: 19H30	<b>Hanover Park *</b> CLOSED INDEFINITELY	<b>Claremont (O)</b> <b>XHOSA 1 (X)</b> CLOSED INDEFINITELY	<b>Elsies River *</b> Methodist Church Hall Cnr 27 <sup>th</sup> Ave & Halt Road Time: 15H00
<b>Mitchell's Plain Woodlands *</b> Princeton High School, Mitchell's Avenue Time: 20H00	<b>Klein Constantia</b> Glenvar Bible College,6 Eskol Avenue, Off Strawberry Lane, Constantia Time: 19H30	<b>Delft Morning *</b> 1 Doublom Circle, Rosendale. Opp. Primary School  Time: 10H00	<b>Claremont Secular Serenity</b> CLOSED INDEFINITELY ONLINE MEETINGS SEE WEBSITE FOR DETAIL	<b>Hermanus Friday Night</b> United Church Hall Royal Street  Time: 19H00	<b>Goodwood Keep It Simple</b> Lutheran Hall, Vasco Boulevard  Time: 19H30	<b>Nyanga MOVED</b> Zolani Centre, Councillors Office .Terminus Road Time:14H00
<b>Paarl *</b> NG Strooidak Church Hall, Klein Reservoir Street,  Time: 19H30	<b>Kraaifontein</b> CLOSED INDEFINITELY	<b>Franschoek</b> <b>La Provence Str, Community Sport Centre</b>  Time: 19H00	<b>Fish Hoek (O)</b> <b>Valley Morning</b> CLOSED INDEFINITELY ONLINE MEETING DETAIL TO FOLLOW	<b>Kalk Bay</b> Holy Trinity Church Hall, Main Road, KALK BAY  Time: 19H15	<b>Koue Bokkeveld</b> Die opleiding Sentrum Op die Berg Koue Bokkeveld (every 2 <sup>nd</sup> /3rd wk) Time : 10H00	<b>Steenberg *</b> Methodist Church, 16 Lowlands Ave., Tokai  Time: 18H30
<b>Parkwood *</b> Hyde Road Primary School Recreational Centre Weltevreden Road Rocklands Time:20H00 Hyde Road PARKWOOD  Time: 19H30	<b>Mitchell's Plain Serenity</b> CLOSED TILL END APRIL	<b>Gordons Bay</b> Municipal Clinic Sir Lowry's Pass &Mountain Side Boulevard  Time:19H30	<b>Hermanus</b> United Church Hall Royal Street HERMANUS  Time: 06H30 & 12H30	<b>Saldanha (O)</b> 9 10 <sup>th</sup> Avenue Saldanha  Time: 19H00	<b>Maitland*</b> Roman Catholic Hall Coronation Street  Time:18H30	<b>Somerset West Primary Purpose</b> St. Paul's Church Hall, Cnr Andries Pretorius & Lourens Strees, Somerset West  Time: 16H30
<b>Parow</b> Methodist Church Hall Bedford Street PAROW  Time: 20H00	<b>Noordhoek</b> King of Kings Ou Kaapse Weg opp. Long Beach Mall, Back of Church, Time: 19H00	<b>Heathfield *</b> CLOSED INDEFINITELY	<b>Hout Bay(O)</b> NG Kerk Hall Oxford Street HOUT BAY  Time: 19H15	<b>Sea Point Sunrise</b> St James Church Hall ST James Rd  Time: 07H00	<b>Mitchell's Plain*</b> <b>Westridge</b> CLOSED UNTIL 14 APRIL	<b>Tableview(O)</b> <b>Pied Piper.</b> Community Hall,Norton Square Off Short Street (behind Bayside Mall ) Tableview Time: 19H00

\* Indicates that there is an AI-Anon ((021) 595 4517) Meeting for friends and family at the same venue at the same time.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Pringle Bay</b> United Church, Cnr Circle Road & Park Street Pringle Bay Time: 19H30	<b>Observatory</b> <b>Chapter 3</b> Loaves & Fishes Lower Rochester Road, Time: 19H00	<b>Kuils River (A)</b> NG Moedersaal Van Riebeeck St KUILS RIVER  Time:20H00	<b>Kammieskroon</b> 39 Gerrie Genis Road Kammieskroon  Time:18H00	<b>Sea Point/</b> <b>(O)Sunset</b> St James Hall ST James Rd SEA POINT Time: 19H00	<b>Muizenberg. (O)</b> <b>Surfers Corner</b> CLOSED INDEFINITELY	
<b>Sea Point *</b> St James Hall St James Road SEA POINT  Time: 19H30	<b>Somerset West</b> <b>12&amp;12@12 (O)</b> St.Pauls Church Hall Cnr. Andries Pretorius & LourensSts. Time: 12H00	<b>Lansdowne *</b> St.Aidan's Church Hall, St. Aidans Road, Lansdowne  Time: 20H00	<b>Milnerton/</b> <b>Killarney(O)</b> Methodist Church Hall Ascot Road MILNERTON Time: 20H00	<b>Somerset West</b> <b>(O) Back To</b> <b>Basics</b> St Pauls RC Hall <b>Andries &amp;</b> <b>Lourens Sts</b> Time: 20H15	<b>Noordhoek</b> King of Kings, Ou Kaapse Weg, opp Long Beach Mall, Back of the Church  Time: 17H00	
<b>Somerset West *</b> <b>Hottentots</b> <b>Holland</b> St Paul's Church Hall Cnr Andries Pretorius & Lourens Streets Time: 20H15	<b>Table View/</b> <b>Into Action (O)</b> Girl Guide Hall Hof Street  Time: 19H30	<b>Mitchell'sPlain *</b> <b>Lentegeur</b> CLOSED TILL 15 APRIL	<b>Ocean View</b> Methodist Church Hall, cnr Capella & Zodiac Roads  Time: 19H00	<b>Table View</b> <b>Living Sober</b> Methodist Church, 81 Janssens Avenue(Off Blaauberg Road)  Time: 13H00	<b>Plumstead</b> <b>Happy Hour (O)</b> St Lukes Church Hall Annandale Rd. DIEP RIVER  Time: 17H15	
<b>Table View(O)</b> <b>Step Into</b> <b>Sobriety</b> NG Kerk- Tafelbaai 41 Grey Avenue Time: 19H30	<b>Wynberg</b> Novalis Ubuntu Institute, 39 Rosmead Ave  Time: 20H00	<b>Montagu (O)</b> CLOSED INDEFINITELY	<b>Retreat</b> CLOSED INDEFINITELY		<b>Somerset West</b> <b>Daily Reflections</b> St.Pauls Church Hall Cnr. Andries Pretorius & Lourens Sts. Time: 11H00	
<b>Swakopmund</b> <b>West Coast</b> <b>Fellowship</b> Catholic church , cnr Daniel Tjangerero & Nathaniel Maxulili Streets Time: 18H30		<b>Muizenberg - BB</b> CLOSED INDEFINITELY ONLINE MEETINGS SEE WEBSITE FOR DETAIL	<b>Robertson</b> VGK Saal, Cnr Paul Kruger & Truter Sts, Robertson  Time: 19H30		<b>Table View /Sane</b> <b>Sober Saturday</b> Girl Guide Hall Hof Street TABLE VIEW Time: 19H00	
<b>Vredenburg</b> Die Stalle , (road to Paternoster) NG Church parking area. Voortrekker Rd. Time: 19H00		<b>Pearly Beach</b> N.G. Church , Main Road  Time:19H00	<b>Sea Point</b> <b>LANGUAGE OF</b> <b>THE HEART:</b> (ES) St James Hall, St James Rd. Time: 19H30			
<b>Windhoek</b> Central Methodist Church, Cnr.Casino & Luderitz Streets Time: 19H00		<b>Pinelands BB(O)</b> Methodist Church Hall 16 Ridge way Time : 18H00	<b>Stellenbosch *</b> MOVED R44 Adam Tas Road , Unit 6 Adam Tas Building STELLENBOSCH Time: 19H30			
		<b>Rondebosch *</b> St Michaels Church Hall Rouwkoop Rd Time: 19H30	<b>Somerset West</b> <b>Ex(s)press(O)</b> St Paul's Church Hall Cnr Andries Pretorius & Lourens Time: 12H00			
		<b>Table View</b> <b>Wednesday</b> Express .Norton Square Club House, Short St Time:19H15	<b>Windhoek</b> Central Methodist churxh Cnr casino & Luderitz Streets Time :19H00			
		<b>Windhoek</b> Central Methodist church Cnr casino & Luderitz Streets Time :19H00	<b>Worcester</b> United_Church Hall 73 church Street Time: 19H00			

(A) Indicates meetings where the preamble is read in Afrikaans. Meeting is usually still bilingual.

(B) Bilingual Meeting.(BB) Big Book Study Group

**(X) Xhosa speaking meeting (C) Closed Meetings – for members & any one with a drinking problem**  
**(O) Open Meetings – Open meetings are open to any interested non-alcoholics and friends and family of Alcoholics. There are also open meetings on the last meeting of every month for most groups.**