

AT HOMES, WORKSHOPS, EVENTS & RALLIES

*KUILSRIVER'S 34TH @ HOME. DATE: Wednesday 11 September at 20H00. VENUE: N.G. Moedersaal ,Van Riebeck Street , Kuils River

*CONCEPT WORKSHOP HOSTED BY CAPE TOWN 3 (CARPENTERS) DATE: Saturday 14 September TIME: 2PM -4PM VENUE:Salvation Army Citadel, 9 Vrede Street , Gardens, Cape Town

*BLUE DOWNS SPRING BALL . DATE: 14 September COST:R60 VENUE: Hill Crest Civic Centre, Blue Downs Way , Blue Downs TIME: 19H30 – late.DRESS CODE: Semi Formal . BRING YOUR OWN PLATTER & COLD DRINKS. TEA & COFFEE ON TAP

* WEST COAST SPRING RALLY - THEME: The Key to Growth. DATE: 20-22 September. VENUE: West Coast School. REGISTRATION: R70 CONTACTS: Sussie: 022 714 1965/073 521 6545 Marlene: 072 267 9147 PLEASE BRING OWN BEDDING AND EATING UTENSILS. SEE FLYER FOR ACCOMMODATION PRICES.

*MINI CONVENTION. DATE: SUNDAY 27 OCTOBER VENUE: SANS SOUCI GIRLS HIGH , ESME ROAD , NEWLANDS REGISTRATION:R70 . REGISTRATION FROM 8H30. FIRST MEETING STARTS AT 9H30

*BOTSWANA RALLY . DATE: 15 – 17 November VENUE: T.B.C.

*JONKERSHOEK SUMMER RALLY .DATE : 6 – 8 December . VENUE : Melkbos Cultural Centre. Otto du Plessis Drive , Melkbosstrand . DAY COST : R70 (ONCE OFF) WEEKEND COST: R550 (include registration, accommodation & meals). PLEASE CONTACT SONJA 083 981 0912 FOR WEEKEND BOOKING

LENTEGEUR GROUP WILL HAVE A TRADITION MEETING EVERY SECOND WEDNESDAY OF THE MONTH . ALL WELCOME

AFTER OUR AGM THE FOLLOWING POSITIONS STILL NEEDS TO BE FILLED

NOMINATIONS TO AREAS

Alt Correctional Facility

Archivist & Alt

Alt Communications Committee

Nominations to DCM

Delegate & Alt - Area 5

Alt Delegate - Area 1,3,4,7

Alcoholics Anonymous Western Cape
Unit 502, 5th Floor
Boland Bank Building
18 Lower Burg Street
CAPE TOWN 8001
021 418 0908

westerncape@asouthafrica.org.za

SERVICE OPPORTUNITIES

CORRECTIONAL FACILITIES COMMITTEE is one of the most rewarding service opportunities – taking AA into prisons. Please contact Gordon on 060 722 7210 if interested.

ARCHIVES: If you are interested in the history of AA in S.A., be part of the committee. Victor 082 224 6518

veedeebeevictorbassonveedeebee@gmail.com

Treatment Facility Committee needs speakers to share at clinics.
Contact: Phillip 081 847 3121

BRIDGING THE GAP PROGRAMME RELAUNCHES! Be a part of this exciting initiative as part of our Primary Purpose. Volunteers Required to take newcomers from the treatment facility to a few meetings, this is not a sponsorship role. **PLEASE CONTACT:** Phillip/TF Chairperson – phillaatf@gmail.com 081 847 3121 Colleen – colleen.mccreadie@gmail.com 083 695 1664 Gill – gillian.lovatte@gmail.com 082 499 3037

THANKSGIVINGS

Tue	03 September	Sonia's 9 th Thanksgiving at Wynberg	
Sat	07 September	Winston's 11 th Thanksgiving at S.S.S. Tble View	
Mon	09 September	Damon's 21 st Thanksgiving at Delft	
Mon	09 September	Norman's 21 st thanksgiving at Delft	
Wed	18 September	Susan's 3 rd Thanksgiving at Bellville	
Wed	18 September	Pinky's 25 th Thanksgiving at Lentegour	
Wed	25 September	Jeremy's 1 st Thanksgiving at Lansdowne	
Thu	26 September	Princes's 4 th Thanksgiving at Blue Downs	
Sun	29 September	Bridget's 20 th Thanksgiving at Durbanville	
Wed	02 October	Steven's 3 rd Thanksgiving at Bellville	
Wed	02 October	Desmond's 3 rd Thanksgiving at Lentegour	
Sat	05 October	Leslynn's 12 th Thanksgiving at Happy Hour ,Plstead	
Wed	09 October	Abby's 2 nd Thanksgiving at Lentegour	
Wed	16 October	Steven's 5 th Thanksgiving at Heathfield	
Wed	16 October	Derick's 30 th Thanksgiving at Heathfield	Mon
	21 October	Neville's 1 st Thanksgiving at Parkwood	
Mon	21 October	Wayne's 32 nd Thanksgiving at Parkwood	

GROUP UPDATES

GROUPS NEEDING SUPPORT

Parow Mondays @ 8PM

Sea Point Mondays @ 8PM

Woodlands Mitchells Plain Mondays @ 8PM

Yes Group. Cape Town. Mondays @ 8PM

Constantia Sunrise Tuesdays @ 7AM

Rondebosch Wednesdays @ 7:30 PM

Big Book Study Thursdays @ 6PM

Joys Of Sobriety Fridays @ 7:30PM, Kenilworth Clinic.

Hanover Park Fridays @ 8PM

Bishop Lavis Saturdays @ 3PM

Maitland Saturdays @ 6:30PM

VENUE , TIME & DATE CHANGE

Secular Serenity: as of 18 July , meets at Crescent Clinic , 269 Main Road, Claremont. Thursdays @ 7PM

TIME CHANGE

Saldanha: Friday @ 7PM

Big Book Study Cape Town: Thursday @ 6PM

Langebaan: Wednesday @ 7PM

Vredenburg: Monday @ 7PM

Cape Town 1: Thursday @ 7PM

NEW GROUP

Constantia Sunrise : now also meet on Fridays @ 7AM . Christ Church , Cnr Constantia Main & Parish Roads. Constantia.

Pearly Beach : N.G. Church , Main Road , Pearly Beach . Fridays 7PM