Do you know your alcoholism status?

Simply answer the questions below as honestly as possible.

Do you lose time from work due to drinking?	Yes ☐	No ☐
Is drinking making your home life unhappy?	Yes ☐	No ☐
Do you drink because you are shy with other people?	Yes ☐	No ☐
Is drinking affecting your reputation?	Yes ☐	No ☐
Have you ever felt remorse after drinking?	Yes ☐	No ☐
Have you gotten into financial difficulties as a result of drinking?	Yes ☐	No ☐
Do you turn to lower companions and an inferior environment when drinking?	Yes ☐	No ☐
Does your drinking make you careless of your family's welfare?	Yes ☐	No ☐
Has your ambition decreased since drinking?	Yes ☐	No ☐
Do you crave a drink at a definite time daily?	Yes ☐	No ☐
Do you want a drink the next morning?	Yes ☐	No ☐
Does drinking cause you to have difficulty in sleeping?	Yes ☐	No ☐
Has your efficiency decreased since drinking?	Yes ☐	No ☐
Is drinking jeopardising your job or business?	Yes ☐	No ☐
Do you drink to escape from worries or trouble?	Yes ☐	No ☐
Do you drink alone?	Yes ☐	No ☐
Have you ever had a complete loss of memory as a result of drinking?	Yes ☐	No ☐
Has your physician ever treated you for drinking?	Yes ☐	No ☐
Do you drink to build up self-confidence?	Yes ☐	No ☐
Have you ever been to hospital or an institution on account of drinking?	Yes ☐	No ☐

If you have answered YES to any you may be an alcoholic.

If you have answered YES to any two, chances are that you are an alcoholic.

If you have answered YES to three or more,

(This test was prepared by John Hopkins University Hospital, USA.)